Rapid and complete allergen delivery by a freeze-dried fast dissolving SLIT-tablet for ragweed allergy immunotherapy

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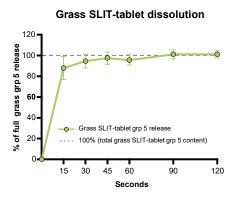
Background

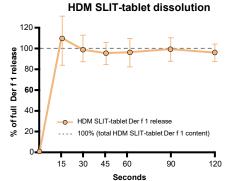
Allergy immunotherapy (AIT) administered via the sublingual route relies on complete allergen release within the recommended sublingual holding time. According to a European Medicines Agency (EMA) reflection paper¹, orodispersible preparations with rapid dispersion are "preferred" for children of 2-5 years and "the dosage form of choice" for children of 6-11 years. Rapid and complete allergen release has previously been reported for both the freeze-dried fast dissolving grass and house dust mite (HDM) sublingual immunotherapy (SLIT)-tablet under invitro conditions (Figure 1).^{2,3} Recently, the freeze-dried fast dissolving ragweed SLIT-tablet was approved for use in children (5-17 years) by the FDA for ragweed-pollen induced allergic rhinitis with or without conjunctivitis, after the efficacy and safety profile was confirmed in the largest clinical AIT study conducted in children to date (n=1025).

Methods

Disintegration time of the ragweed SLIT-tablet (ALK A/S, Denmark) was measured by depositing the tablet into a submersible mesh-basket and agitating at 37°C in an assay buffer (100 mM phosphate, pH 6.8, 0.125% casein). The assay buffer resembles human saliva with regards to pH, ionic strength, and total protein content. Allergen release kinetics in the assay buffer was measured using a minivessel (200 mL) Distek Model 2500 instrument (Distek Inc., USA). Amb a 1 was measured by ELISA (Indoor Biotechnologies, USA) at 15, 30, 60, 90, 120, 180 and 300 seconds. Total allergen release was confirmed by comparison to the manufacturer's in-house reference.

Figure 1





Ragweed SLIT-tablet disintegration time (mean +/- SD*)

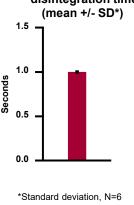
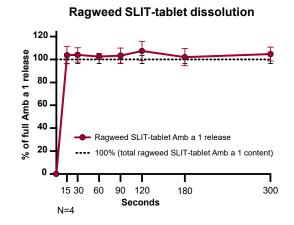


Figure 3



Results

Complete disintegration of the ragweed SLIT-tablet occurred within 1 second (Figure 2) when deposited into the assay buffer. No tablet residue could be detected.

The ragweed SLIT-tablet achieved complete allergen dissolution and full recovery of soluble Amb a 1 compared to the manufacturer's in-house reference within the first 15 seconds after depositing the tablet into the assay buffer (Figure 3).

Conclusion

The dissolution properties of the freezedried fast dissolving ragweed SLIT-tablet ensure full release of the SLIT-tablet allergen content and support short sublingual holding times, which may be of particular importance when treating children

1. EMEA/CHMP/PEG/194810/2005

^{2.} Lund K et al. Clin Ther 2019;41:742-53

^{3.} Ohashi-Doi K et al. Int Arch Allergy Immunol 2017;174:26-34